

January 2018

**Dallas Area Women's Shelters & Transitional Housing** (Partial Listing)

**The Arlington Life Shelter**  
Arlington, Texas 76011  
[info@arlingtonlifeshelter.org](mailto:info@arlingtonlifeshelter.org)

817-548-9885

ALS promotes self-sufficiency by providing shelter, employment programs and transitional services for North Texans impacted by homelessness. The Arlington Life Shelter has a work requirement to regain self-sufficiency and secure and maintain employment to produce a steady income. The agency offers a continuum of individualized services to increase the clients' probability of long-term success. Services include basic food and shelter, and case management. Individualized services are provided to identify and address a client's barriers to employment, employment services, vocational assessment, job readiness and job placement. There are educational programs for children and adults as well.

**Agape Home (does not accept pregnant women)**  
Plano, Texas 75074  
Cynthia Garrison  
[cynthia@hope4agape.com](mailto:cynthia@hope4agape.com)

214-926-3686  
972-769-9769

Agape provides residents critical housing and life skills that empower single women and their children to transform from homelessness, crisis and poverty to self-sustaining, fulfilling lives.

**Bridges Safehouse**  
Cedar Hill, Texas  
[www.bridgessafehouse.org](http://www.bridgessafehouse.org)

469-272-4441

Their mission is to provide safe, temporary housing for homeless women (including pregnant women), many of whom have small children, until they can relocate to a new, safe residence.

**Center of Hope (accepts pregnant women)**  
A Ministry of Union Gospel Mission  
Dallas, Texas

214-638-2988

Center of Hope is a 90-day residential care program. Photo ID and Social Security card is required. Birth Certificates and SS Cards are required for children. Intake is only between the hours of 9:30-12:00 and 1:00-4:00 Monday to Friday, and 10:00-2:00 Saturday and Sunday. Residents must leave the home from 8:00 a.m. to 3:00 p.m. Residents are provided food, clothing, shelter in family units, access to various types of medical care, chapel services, and Bible study, in a safe and clean environment. There are 14 family rooms and 16 rooms for single women. There is a Child Development Center on site from 8:00 a.m. to 3:00 p.m. for ages 6 weeks to 5 years (or up to when child enters school). In the Discipleship Program, residents may stay longer than 90 days. They also operate **UGM River Pointe** which houses *single women without children* in units with 4 women per unit. The intake for this facility is at the main Center of Hope location. Pregnant women are accepted on a case by case basis, depending on their availability and the gestational age of pregnancy.

**Interfaith Housing Coalition (babies must be 6 weeks old)**

214-827-7220

**Dallas, Texas**

**[www.ihcdallas.org](http://www.ihcdallas.org)**

Interfaith Housing Coalition (IHC) is a faith-based agency whose mission is to “be the hands of Christ helping families transition to self-sufficiency and new hope.” For families who are homeless and willing to work toward self-sufficiency, Interfaith Home & Hope Transitional Housing Program provides 49 lovingly decorated, furnished apartments that foster dignity and stability. Services include housing, job search, GED program, after school program, budget counseling, and parenting classes.

**Under1RoofDallas (accepts pregnant women)**

214-343-4000

**[www.under1roofdallas.org](http://www.under1roofdallas.org)**

Under1Roof provides transitional, supportive housing and other services to homeless and low-income individuals and families in Dallas and Collin counties. Women seeking this transitional housing have to be homeless or living in a shelter, and must be referred by a caseworker of a shelter or program. Their vision is a community where everyone has safe, affordable housing and the tools to become self-reliant.

**The Mercy House (accepts pregnant women)**

817-369-4628

**Colleyville, Texas**

**[apply@mercyhouse.org](mailto:apply@mercyhouse.org)**

Mercy House Ministries was founded for the purpose of aiding single pregnant women who need support. Our Christian-based home is a place of safety and peace where each woman can focus on her emotional and spiritual growth during this most important time. The focus is on peace, comfort, stability, and educational advancement.

**Family Gateway (babies must be 6 weeks old)**

214-741-6515

**City of Dallas Family Shelter**

**[www.familygateway.org](http://www.familygateway.org)**

Family Gateway provides comprehensive services to families in crisis: counseling, job search and placement assistance, and community transition services. The program offers training and counseling which are intended to restore dignity, stability, and self-sufficiency to the family unit. All programs/ environments are designed to create an atmosphere of emotional, social and economic empowerment.

**Buckner Children & Family Services (babies must be 6 weeks old)**

**Dallas, Texas**

214-319-3420

**[www.buckner.org](http://www.buckner.org)**

Buckner Family Pathways provides families the opportunity to live in a safe secure environment while program participants learn the necessary skills needed to become self-sufficient. Families are provided support through the provision of affordable housing, high quality child care, financial assistance, vocational training, parenting education, budget training, life skills and individual and group counseling.

**Emily’s Place (babies must be 6 weeks old)**

972-424-7775

**Plano, Texas**

**[www.emilysplacetx.org](http://www.emilysplacetx.org)**

Emily’s Place is a transformational housing ministry with an up to two-year length of stay that provides care for women and their children. They provide a safe place for women to transform their lives through counseling, life skill training, and an understanding of the role of Christ in their lives that will enable them to become self-sufficient. The mission of Emily’s Place is to restore faith, hope, and health.

**Brighter Tomorrows Crossroads**  
**(accepts pregnant women if they're able to work)**  
**After Hours /Emergency**  
**Grand Prairie, Texas**

972-254-4003  
972-262-8383

**[www.brightertomorrows.net](http://www.brightertomorrows.net)**

The Brighter Tomorrows program helps victims of domestic violence, but they also help homeless women as part of their mission is to break the cycle of poverty. The housing program is open to homeless women even if they have not been abused. Three emergency shelters can house up to a total of 91 residents. A Resource Center provides legal advocacy, support groups, counseling, children's services, and community education, referrals for housing, employment and child care. The Transitional Housing Program houses up to 24 families. Clients may stay in transitional housing facilities for up to two years. While in the facility clients receive life skills training, counseling (as required), and may be eligible for additional training resources.

**City Wide (accepts pregnant women)**  
**Dallas, Texas**

214-371-8880

**[www.citywidecdc.org](http://www.citywidecdc.org)**

The mission of City Wide Community Development Corporation is to revitalize communities through the development of safe, high quality, affordable housing, economic development, and educational and outreach programs that empower individuals and families to improve their quality of life.

**Grace Grapevine (accepts pregnant women)**  
Transitional Housing Caseworker  
**Grapevine, Texas**

817-488-7009  
817-305-4641

**[www.gracegrapevine.org](http://www.gracegrapevine.org)**

Grace Grapevine is a two-year transitional housing program. Women seeking this transitional housing have to be homeless or living in a shelter, and must be referred by a caseworker of a shelter or program. Residents must be able to work and have a way to get to work (their own transportation or public transportation). Services offered by Grace are emergency assistance, GRACEful Buys Resale, Style & GRACE (women's designer fashions and select labels), GRACE outreach to Health Community Clinic, GRACE food pantry, and transitional housing.

**The Gatehouse at Grapevine (accepts pregnant women)**  
**Grapevine, Texas**

817-912-0317

**[www.gatehousegrapevine.com](http://www.gatehousegrapevine.com)**

Gatehouse's faith-based Independent Life Program offers housing, transportation, child care, food, clothing, education, employment guidance, medical care, counseling and life skills mentoring, without government funding. This program is designed to give members the practical resources needed to positively navigate the path toward permanent change. Because when the cycles of abuse, poverty and helplessness are disrupted and transformed into self-supportiveness, generations of lives are saved.

Gatehouse serves women who are:

- Alone, with or without children
- Fleeing or attempting to recover from an at-risk situation such as abuse, poverty, divorce, or underemployment.
- Any age, 21 and over, ethnicity, race and socioeconomic status
- Carrying a debt load, frequently from her abuser
- Willing and able to work, but need counseling, encouragement and continuing education to achieve future success
- Ready for positive, long-term change

**The Samaritan Inn (accepts pregnant women)  
McKinney, Texas**

Metro 972-562-7375

**[www.thesamaritaninn.org](http://www.thesamaritaninn.org)**

Samaritan Inn offers 24-hour shelter for families and individuals, three meals a day, referrals to community support services and educational programs. Samaritan Inn also offers transitional apartments for those residents who qualify.

**Salvation Army Transitional Housing - Home Sweet Home  
Salvation Army - Emergency Shelter for Women  
[www.salvationarmydfw.org](http://www.salvationarmydfw.org)**

214-424-7050

Answered 24/7

**Arms of Hope (accepts pregnant women)  
Boles Home, Quinlan, Texas  
Medina Home, Medina, Texas  
Together Program, Duncanville, Texas  
[www.armsofhope.org](http://www.armsofhope.org)**

903-224-4900

830-522-2200

903-224-4900

Arms of Hope assists children and single-mother families in need. Arms of Hope's facilities include Medina Home (60 miles northwest of San Antonio), Boles Home (40 miles northeast of Dallas), and the Together Program in Duncanville (a suburb of Dallas). Through its Residential Child Care, Together Program, College and Career, Right Start, and Outreach Ministry programs, Arms of Hope is committed to providing a safe haven and Christian environment for children and single-mother families by helping them avoid homelessness, poverty, abuse and neglect and by leading them to lives of sustaining and productive citizenship.

**New Beginning Center (accepts pregnant women)  
Garland, Texas**

**[www.newbeginningcenter.org](http://www.newbeginningcenter.org)**

Outreach & Administration

972-276-0423

24-hour Crisis Hotline

972-276-0057

New Beginning Center maintains a shelter for women and children fleeing domestic violence. NBC provides transitional housing for both domestic violence victims and homeless women and children.

**Family Promise (accepts pregnant women if able to work)  
Irving, Texas**

972-313-1500

**[www.familypromiseirving.org](http://www.familypromiseirving.org)**

Family Promise of Irving is a faith-based non-profit ministry that supports families experiencing homelessness as they search for new jobs, undergo job training, and obtain permanent housing. Our mission is to provide a safe environment in which families can stay together and give the assistance they need to become self sufficient. Residents must show a commitment to looking for work, affordable housing, or training. This is a 30-day program with the possibility of the extension of another 30 days.

**Daniel's Den, Samaritan House  
Waxahachie, Texas**

972-938-0103

**[www.danielsdenelliscounty.org](http://www.danielsdenelliscounty.org)**

Daniel's Den is a faith-based Christian ministry providing emergency assistance and transitional housing in Ellis County. Their purpose is to restore and strengthen the lives of homeless people in that county. Emergency assistance is available 24/7 via local law enforcement agencies or hospitals. No "walk-ins" accepted. Emergency assistance and/or shelter clients are provided with a meal, bath, toiletries, clothing, and a warm bed.

Samaritan House transitional housing program provides housing for women (both single and with children) and legally married couples for an average of six months. Samaritan House clients are provided with case management services, job search assistance, transportation, childcare and other needs as they arise. They are required to attend a local church of their choice, find employment, and adhere to a savings plan in order to obtain permanent housing.

**Dallas Life Foundation (accepts pregnant women)**

Director of Operations

214-421-1380, Ext 10

Asst. Director of Operations

214-421-1380, Ext 19

**[www.dallaslife.org](http://www.dallaslife.org)**

Dallas Life Foundation has 50 individual family unit rooms. Children reside in the family rooms with their parents. Assistance: Food, Shelter, Clothing, Spiritual, Clinic, Children & Youth Services.

Programs offered are New Life (classes & counseling); Overcomers (for those with slight mental & physical disabilities); Senior Citizens; and Computer School.

Dallas Life Foundation will accept pregnant women who are not bedridden and who are able to care for themselves. Pregnant women without children are housed in the women's dorm. Pregnant women with children – whether married or single – are housed in family rooms. Married couples must show a marriage certificate. And mom/dad must show proof that they are the legal parent or guardian of each child. All residents must show a government picture ID card and a pass criminal background check.

**The Bella House (accepts only pregnant women)**

**[www.bellahouse1@verizon.net](mailto:www.bellahouse1@verizon.net)**

972-516-0968

Program Director:

972-690-5711

Bella House is a faith-based residence in Plano, Texas, for homeless, pregnant women at least 18 years of age. Mothers who deliver at Bella House may stay until their babies are 6 months old.

Residents must pass a random drug test and criminal background check and agree to support the peace of the home and well-being of all residents. The Bella House program assumes that residents will actively engage in a plan to further their education and career goals. A live-in housemother is responsible for day-to-day operations and helps residents assess their lives, gain stability, reconnect with a loving and forgiving God, understand and develop healthy relationships, build a resume, and ultimately find gainful employment or child care. Weekly counseling and life coaching is offered to all.

**Housing Crisis Center**

214-828-4244

**[www.hccdallas.org](http://www.hccdallas.org)**

HCC is focused on preventing homelessness, stabilizing those who couldn't avoid homelessness, and empowering them to address and solve their own housing issues in the future. HCC provides services to clients toward those end goals, from legal help to employment assistance to housing to child care. Their goal is to move individuals and families from desperation to stability and to insure this is the last time in their lives they face the trauma of homelessness.

**Shared Housing**

214-821-8510

**Dallas, Texas**

**[www.sharedhousing.org](http://www.sharedhousing.org)**

Shared Housing Center works to break the cycle of homelessness for the elderly, single parents with children, and persons with special needs in Dallas County. Their Home Share and Group Residence programs provide safe, nurturing transitional and semi-permanent housing options to homeless or near homeless individuals and families impacted by economic hardship, catastrophic illness or job instability/unemployment. In the future, Green House will open to offer supportive, permanent housing.

**Mater Filius**

210-816-2837

**Plano, Texas**

214-554-4198

**[www.materfiliusdallas.org](http://www.materfiliusdallas.org)**

Mater Filius is a Christ-centered home in Plano, Texas, whose motto is “Defending Life with Love.” We accept pregnant, homeless women, regardless of age, marital or socio-economic status, ethnicity, or religion. Safe housing, workshops, continued education, emotional and spiritual support are provided.

**Hope’s Door Counseling Center**

972-422-SAFE (7233)

**[www.hopesdoorinc.org](http://www.hopesdoorinc.org)**

Hope’s Door has a 24-hour crisis hotline, providing crisis intervention, safety planning, and referrals to community resources. An emergency shelter provides safe residential services for clients needing protection from their abusers. Individual and group counseling is available to adults and children impacted by domestic violence. The transitional housing program provides case management, counseling, and affordable housing to help individuals achieve self-sufficiency.

**Genesis Women’s Shelter**

214-946- HELP (4357)

**[www.genesisshelter.org](http://www.genesisshelter.org)**

Genesis Shelter helps heal individuals and families impacted by violence. It offers a 24-hr. hotline, emergency shelter, transitional housing, a counseling center, trauma recovery, day care, and job readiness classes. GS receives no government funding and is supported solely by donations.

**The Promise House**

214.941-8578

**Dallas, Texas 75208**

**[www.promisehouse.org](http://www.promisehouse.org)**

**Dallas, Texas**

Promise House operates as a 501(c) (3) organization whose mission includes crisis intervention, transitional housing, pregnant/parenting teen services, counseling, education, and outreach to neglected, abused, and at-risk youth ages 0-24. Promise House serves 1,700 youth and families annually. By improving clients ‘chances for stability, Promise House works to prevent chronic homelessness in North Texas.

**Our Lady of Guadalupe Home (accept pregnant women)**

214-374-9595

**Dallas, Texas**

**OTHER RESOURCES**

**211 Information Line – 24/7**

2-1-1

Texas State referrals for all kinds of assistance.

**[www.211texas.org](http://www.211texas.org)**

**Dallas Housing Authority**

214-951-8300

**[www.dhadal.com](http://www.dhadal.com)**

**Option Line**

800-712-HELP (4357)

Option Line is a service of Heartbeat International which publishes a Directory of Life-Affirming Services, including housing and pregnancy resource centers in the United States and around the world.

**[www.heartbeatinternational.org](http://www.heartbeatinternational.org)**

**[www.optionline.org](http://www.optionline.org)**

**The Heidi Group**

512-255-2088

The Heidi Group is dedicated to helping girls and women in unplanned pregnancies make positive, life-affirming choices for themselves and their babies. Their role is to connect girls and women to the best resources available.

[www.heidigroup.org](http://www.heidigroup.org) – Click on “I Need Help”