

Resource Information for Clients

Day Care

Plano Day Care Center – 972-424-1121 (sliding scales and food – funded by United Way and the state)

~~**Plano International School** – 972-867-5871 (sliding scales and food – funded by United Way, grants and contributions)~~ *closed*

Allen Community Outreach – Free Car Seats for newborns & toddlers for low income people in Collin Co.
Dora Gracie – 972-547-8109

Elderly

Collin County Committee on Aging - 972-562-6996

Their blurb in the Collin County Cares book says they **help people over 60 with meals, Transportation**, information and referral, telephone reassurance options for independent living and outreach.

DART Para-transit - 214-515-7272

Certification needed. Needs to get a form 1000 from DART and a doctor needs to fill out a certain portion. There may be a fee.

Counseling Services

Catholic Charities Counseling - 214-526-2772

Christian Services of Southwest – 972-960-9981 (Provides counseling services to families in crisis – sliding scales fees)

Crisis Center (24 Hour Hotline) – 972-233-2233 or 1-800-259-3909 (Free 24 hour comprehensive telephone counseling, crisis intervention, emergency transportation and referrals.)

St. Mark Family & Adult Ministries – 972-423-5600
(Offers individual and family counseling)

Family Services of Plano - 972-578-2802 (offers free family and individual counseling)

State/Federal Assistance Programs

Texas Department of Human Services – 972-542-0221 (for Food Stamp Application, TANF, Medicaid)

North Central Texas Workforce Center – 469-229-0099 (Provides services for job seekers)

Women, Infants, and Children (WIC) – 972-633-3350

Provides food, nutrition counseling, and access to health services to low income women, infants and children.

Plano Housing Authority – 972-423-4928 and Dallas County Housing Authority – 214-819-1812 (to get on the waiting list for Section 8 Housing)

Texas Child Support Enforcement – 972-396-1115

Legal Aid of Northwest Texas – 972-542-9405

Provides free legal assistance to low-income persons on non-criminal civil law matters.

Social Services Agencies – General Assistance

Assistance Center of Collin County – 972-422-1850

Provides information about and referrals to social services for residents of Collin County. Contact agency for emergency food, clothing and financial assistance.

The Salvation Army (Plano) – 972-423-8254

Provides food, clothing and assistance with prescriptions, utilities, and rent. ESL classes, spiritual counseling, and community programs for all ages.

Plano Community Charity – 972-578-0399

Consumer Credit Counseling – 972-542-0257

Journey of Hope Grief Support Center – 972-964-1600

3900 West 15th Street, Suite 306, Plano, TX 75075

(across the street from the Medical Center of Plano, behind the Booth Eyecare Center)